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Publicize Abdi report: Advocate

VIOLENT ARREST

Ontario's former ombudsman calling on SIU to include all info



Lucy Scholey
 Metro | Ottawa

Ontario's former ombudsman is once again calling for the province's police watchdog to publicize its investigations, in the wake of Abdirahman Abdi's death outside his Hintonburg apartment.

Andre Marin has been advocating for the Special Investigations Unit (SIU) to publicize its probes since he served as its director in the 1990s and, later, as ombudsman.

The SIU investigates deaths, serious injuries and allegations of sexual assault involving police. But the

director's reports on those cases — which contains key evidence used to determine whether to charge a police officer — is only sent to Attorney General Yasir Naqvi.

"The director's report should be written in a way that is made for publication. Nothing should be blacked out," Marin said, citing an SIU report on Toronto police following the shooting death of Andrew Loku. That report was publicized, but heavily redacted.

Abdi, a Somali-Canadian believed to have had an unspecified mental health illness, died following a police pursuit on July 24. Witnesses say police beat Abdi with a baton and pepper-sprayed him.

Police say they were responding to a report that Abdi was being "assaulted" at a nearby Bridgehead.

Marin said the SIU likely won't look into whether race played a role in how police handled Abdi's arrest, unless it was directly linked to criminal intent.

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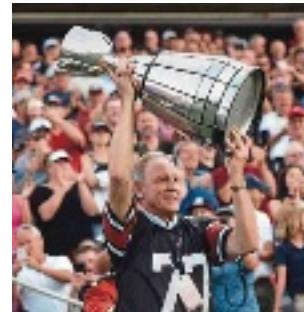
 **Emma Jackson**
Metro | Ottawa

Who needs cheerleaders when you've got 36,000 fans packed elbow-to-elbow for the hottest football game of the year?

TD Place promises to get a little rowdy next year when 12,000 extra seats are installed for the 2017 Grey Cup championship.

Who knows if the Redblacks will play in the game — but it likely won't matter, given the hype around Canada's 150th birthday and the enthusiasm of Ottawa's football fans, which Sunday night could be heard echoing across Dow's Lake.

The newly renovated TD Place stadium only seats 24,000 people — a far cry from the 51,000 who watched the last Ottawa Grey



Former Ottawa Rough Rider Tony Gabriel JUSTIN TANG/THE CANADIAN PRESS

Ashe said bringing the game to Ottawa will "amplify" the ongoing celebrations for Canada's 150th birthday, set to take place throughout the year.

"The mood of the nation, the mood of our city, will be heightened," Ashe said. "It's just going to amplify the fun people will have, because it's the 150th birthday. The city will be alive."

The Canadian Football League announced Sunday that Ottawa will host the 105th Grey Cup final in 2017, with the help of an elaborately all-Canadian video that included speaking roles for Prime Minister Justin Trudeau, Ottawa-Centre MP Catherine McKenna, several deadpan Mounties and a couple of toque-wearing, canoe-steering fans who call themselves the Lumber Joes.

The news got a standing ovation from the sold-out crowd at TD Place.

The game should generate about \$100 million in economic activity, especially since a week-long festival of events and activities at Lansdowne Park will encourage fans to come early.

It's Ottawa's seventh time hosting the Grey Cup final, its first in 13 years. The capital first hosted — and won — the championship in 1925, followed by finals in 1939, 1940, 1967, 1988 and 2004.

Thirty-six thousand is, we think, just the right size for a Grey Cup game. Bernie Ashe

O-TOWN'S GREY CUPS PAST

Ottawa first hosted the Grey Cup championship final on Dec. 5, 1925, and it was a doozy. Not only did we host the 13th championship game at Lansdowne Park, we played in it, too. The Ottawa Senators creamed the Winnipeg Tammany Tigers 24-1.

The Grey Cup returned to Lansdowne on Dec. 9, 1939, and we played in that game, too, under the Ottawa Rough Riders banner. Once again, we faced Winnipeg — now called the Winnipeg Blue Bombers — but they got their revenge with an 8-7 win. Tickets were cheap back then, with a max of \$1.40 for reserved seats in 1940 and cheap seats hovering around \$0.50.

In 1940, the Grey Cup returned to Ottawa for a second year in a row, pitting the Ottawa Rough Riders

against the Toronto Balmy Beach. But the Dec. 7 game was actually the second of two Grey Cup games that season, with another played in Toronto on Nov. 30. Winnipeg had been banned because of a rule dispute over the use of American imports, so a two-game championship series was set up instead between the Ontario champs (Toronto) and the interprovincial champs (Ottawa). But Ottawa fans were annoyed that Winnipeg wasn't coming back to get its come-uppance, so only 1,700 showed up for the game. It was a huge box office loss at the time.

After the 1940 drama, Ottawa had to wait until Dec. 2, 1967 to host its next championship game. For the first time in its hosting history, Ottawa was left on the sidelines as the Hamilton Tiger-Cats faced

off against the Saskatchewan Roughriders at Lansdowne Park.

On Nov. 27, 1988, the Winnipeg Blue Bombers and the BC Lions came to the capital for the 76th Grey Cup game, hashing it out in front of more than 50,000 fans despite 40 km/h winds. It was the first time two western teams had competed for the cup, and it was a close one: the Bombers won 22-21.

The last Grey Cup game to come to the capital was in 2004 under the Ottawa Renegades banner, when the Toronto Argonauts played the BC Lions for the 92nd championship title on Nov. 21. It was the only Ottawa championship to date that actually enjoyed good weather: the rest contended with rain, snow, wind and freezing temperatures.



Ottawa Redblacks quarterback Henry Burris signals during first half action against the Hamilton Tiger-Cats during the CFL East final Sunday, November 22, 2015 in Ottawa. The nation's capital has been announced as the host of the 2017 Grey Cup championship.

ADRIAN WYLD/THE CANADIAN PRESS

Hand-held lab unveiled

MEDICAL SCIENCE

The portable device is able to test, read DNA samples

Haley Ritchie
Metro | Ottawa

An Ottawa company wants to make the power of DNA testing more accessible and less suspenseful — with a high-tech laboratory that fits in the palm of your hand.

Spartan Bioscience's "Cube" — released last spring — is four inches tall and four inches wide, with the power to read and compare DNA samples.

It's the world's smallest "molecular diagnostics device" and it has the power to seriously speed up medical and environmental testing.

"Basically, it's a portable device that allows you to get a diagnosis very quickly," said company founder Paul Lem, who holds a bachelor's degree in human biology from the University



Dr. Shaimaa Ahmed and Dr. Marcus Manocha, both scientists with Spartan Bioscience who worked on the Cube, demonstrate the small test kit that fits into the testing device. CONTRIBUTED

of Toronto and a medical degree from the University of Ottawa.

"Labs require highly trained people," said Lem.

"It's been a big challenge — how do you make that mainframe lab into something small

and portable that can be carried around, and so easy to use that anyone can do it?"

Right now, a patient who has strep throat goes to a clinic, gets a sample taken, has the clinic mail it to a lab and receives the

results two weeks later so that proper treatment could be prescribed.

A clinic equipped with a Cube could have a test done and, with the press of a button, the technology could

read the DNA and deliver results in 25-30 minutes.

Lem compares it the evolution of computers into smartphones.

Just decades ago, a computer would take up an entire wall and required programming knowledge to use — now it fits into a pocket and can be used by anyone.

Lem and his team have been working in Ottawa since the company, Spartan Bioscience, was founded in 2005.

Right now he sees the Cube being used in hospitals, doctor's offices, veterinary clinics and pharmacies.

But beyond medical testing the Cube could also have applications in breweries or buildings where air quality needs to be tested — and eventually the home.

"We think it will transform our everyday lives," he said.

GATINEAU

Police investigate death of couple

Gatineau police are investigating the mysterious circumstances that led to the "unexplained death" of a husband and wife just two days apart last week.

A 55-year-old woman died on July 27 after paramedics were called to a home at 841 rue Notre Dame for a "medical problem," according to police spokesman Const. Pierre Lanthier. After assessing the man and woman on the floor, paramedics then alerted the police about 10 minutes after their arrival.

The 69-year-old husband was sent to hospital in critical condition and died last Friday, police confirmed on Tuesday. The cause of death in each case is not clear.

The major crime unit is taking over the investigation.

Investigators are hoping autopsy results on the woman's death will offer clues as to what happened to the couple. Meanwhile, Gatineau police said officers continue to guard the scene on rue Notre Dame as the investigation continues.

JOE LOFARO/METRO

CRIME

Two men in custody after shooting in apartment

Joe Lofaro
Metro | Ottawa

Police arrested two men Tuesday morning in connection with a shooting inside an apartment on Jasmine Crescent that had tactical officers rushing to the scene and residents evacuating their building.

One arrested man was wearing glasses and an opened sweatshirt as he was placed into a cruiser in handcuffs at

about 9:45 a.m. outside 1993 Jasmine Cres., a four-storey apartment building.

Speaking to reporters outside the building, Insp. Jamie Dunlop with Ottawa Police said someone fired a single gunshot from the third floor and it penetrated the ceiling in the unit below.

No injuries were reported in the shooting.

When asked if a firearm had been recovered from the scene, Dunlop said police will have to obtain a search warrant to

canvas the crime scene.

The Guns and Gangs unit is taking over the investigation.

The area has seen an increase in violent crime in the last 16 months.

Two teenaged men were stabbed to death months apart at an apartment building across the street in 2015.

In March of this year, a 20-year-old man was shot dead outside the same building across the street.

"It's not the first time something happened here, but at

the same time when you look around at the residents we had to evacuate on their floor to ensure their safety, it's still a very good neighbourhood," said Dunlop.

"A lot of families and kids around. And in terms of individuals, there may be some issues. Certainly, that something we will work with the community to improve, but overall I would say Jasmine and all of Ottawa is still a safe community based on our statistics."

The investigation is ongoing.



A tactical team outside a Jasmine Crescent apartment Tuesday.
JOE LOFARO/METRO

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CONFEDERATION CELEBRATIONS FEDS ANNOUNCE RIDEAU HALL REHABILITATION

Governor General David Johnston and Chief Executive Officer of the National Capital Commission (NCC) Mark Kristmanson (right) walk past equipment as they announce the work being done ahead of the country's 150th birthday on Tuesday. JUSTIN TANG/THE CANADIAN PRESS

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Daycare wait-list fees to be banned

CHILD SERVICES

Operators can no longer ask for a deposit effective Sept. 1

Daycare operators in Ontario will no longer be allowed to charge parents a fee, or demand a deposit, to put a child on a waiting list, as of Sept. 1.

Education Minister Mitzie Hunter announced the ban Tuesday on wait list fees by all licensed child care centres and home child care agencies.

Hunter said the government clearly heard parents' objections to the charges during public consultations that were held between May and July.

"We know that parents and children shouldn't be burdened with any undue hardships, especially when they're looking for child care to give their children the best possible start that they need to succeed," she said.

Parents were charged as little

as \$10 or as much as \$200 by some daycare operators to put their child's name on a waiting list, and some families applied to several centres in hopes of getting a coveted space.

Ontario will become the first province in Canada to ban the wait-list fees for child care, said Hunter.

"Parents are frustrated, and they feel it takes advantage of them when they're only trying to do what's best for their children," she said.

The YMCA, the largest provider of non-profit child care in Ontario, welcomed the ban on wait-list fees.

Childcare Canada said it was "extremely supportive" of the Ontario regulation to ban wait list fees.

The New Democrats said they first brought in a private member's bill to ban wait-list fees, which they call insulting

to parents searching for affordable day care.

"There is more to do, like creating more affordable childcare spaces so moms and dads don't face these wait lists in the first place," said deputy NDP leader Jagmeet Singh.

Progressive Conservative Leader Patrick Brown said parents should not have to pay for the privilege for putting their child's name on a waiting list, and he applauded the Liberals for following the NDP's lead to ban the fees.

As part of the regulator changes announced by Hunter, child care providers have until Jan. 1 to develop a public wait list policy that clearly explains how children on the list are offered admission.

Ontario spends over \$1 billion a year on child care, and has nearly 351,000 licensed child care spaces. THE CANADIAN PRESS

Parents are frustrated, and they feel it takes advantage of them.

Mitzie Hunter

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FLAP

Reshaping immigration

GOVERNMENT

Experts say federal report must address four key gaps

Having inherited an immigration system plagued with backlogs and heavy-handed enforcement, the Liberal government says it's keen to hear what you think needs to be done about Canada's immigration future.

Since the beginning of the summer, Immigration Minister John McCallum and his parliamentary secretary, Arif Virani, have held more than two dozen roundtable meetings across Canada with settlement services organizations, businesses and community groups.

While the final report won't be ready until the fall, Torstar News Services interviewed a group of immigration experts to weigh in on the national dialogue by identifying gaps in the system and offering solutions.

Meaningful and accessible citizenship



Jasmyne Bowen waves her Canadian flag while sitting on her cousin's lap during the citizenship ceremony for 37 new Canadians in Guelph in July 2013. TONY SAXON/TORSTAR NEWS SERVICE

Andrew Griffith, a former director general at the immigration department, said Canada largely has its immigration policies and programs right, but an independent review by a royal commission would be helpful.

Griffith said Ottawa must set targets for naturalization as a benchmark, to assess whether its policies strike the right balance in making citizenship accessible

and meaningful.

Family reunification key to immigrants' success:

Debbie Douglas, of the Ontario Council of Agencies Serving Immigrants, said Canada's immigration program should be guided by the principle of nation-building. And the best way to support newcomers is to support family reunification through

faster processing.

"We believe family reunification should be increased to 40 per cent of total immigration numbers," she said.

"Canada should also prioritize refugee family reunification and invest the needed resources to reduce processing delays in refugee family sponsorship."

Foreign workers, migrants

need access to permanent residence:

Harald Bauder, director of Ryerson University's graduate program in immigration and settlement studies, said the success of Canada's annual intake of immigrants depends on the government's willingness to fund the settlement sector.

With proper resources, he said, Canada could welcome far beyond 1 per cent of its population annually.

The 1 per cent solution for growth and prosperity:

The Conference Board of Canada said immigration is the backbone of the country's population growth and Canada could admit up to 1 per cent of its population in immigrants each year, for its economic prosperity.

"To go beyond the 1 per cent annual level of immigration, Canada would need to rethink its allocation of resources and strategic plans for helping to spread settlement across the country and outside of major cities," the board said in a response prepared by vice-president Michael Bloom and research associate Kareem El-Assal. THE CANADIAN PRESS

IN BRIEF

Agency urges caution as Zika hits U.S. mainland

The Public Health Agency is telling pregnant Canadian women who visited the Miami area in Florida on or after June 15 to take precautions against the Zika virus.

The warning comes after U.S. health officials said mosquitoes have apparently started spreading Zika on the U.S. mainland. THE CANADIAN PRESS

Ontario NDP drops out of federal leadership race

Ontario New Democrat Cheri DiNovo is pulling out of the federal NDP's leadership race because of health reasons.

DiNovo, a member of the Ontario legislature, issued a statement saying she suffered what doctors believe were two small strokes in recent weeks, which she called "a terrifying ordeal."

The veteran NDPer says she needs to spend the next month or so focusing on her health so she'll be able to return to the Ontario legislature for the fall sitting. THE CANADIAN PRESS

TRAVEL

Disability advocates decry airline's lack of accessibility

Luke Simcoe
Metro | Toronto



Tim Rose TORSTAR NEWS SERVICE

A Toronto man who was denied a seat on an Air Canada flight because his wheelchair is too large is a sign of "systemic" problems in the airline industry, accessibility advocates say.

Tim Rose, 31, tried to book a flight to Cleveland in September but was told he wouldn't be able to fly because his wheelchair can't fit in the cargo hold.

"I said, 'This is discrimination,' and they said, 'No it's not, it's the same thing as if you had an oversized bag. If it doesn't fit, it doesn't fit.' So essentially, she just compared me to luggage," Rose said.

Ing Wong-Ward, associate director of Toronto's Centre for Independent Living, uses a wheelchair and said Rose's experience is unfortunately not unique.

"Any traveller who uses a wheelchair can tell you their own stories of horror or surprise," she said. "I have friends who are wheelchair users who don't fly anymore because it's such a hassle."

Wong-Ward has travelled extensively and has yet to find an airline that "gets it," she said.

AIR CANADA

Airline rep responds

A representative from Air Canada said the plane that travels between Toronto and Cleveland has a cargo hold door that is too small for Rose's wheelchair.

The representative said the airline contacted Rose and presented him with two options: to take an indirect flight on planes that have a larger cargo door or to have the wheelchair transported on a different flight and sent to him when he arrives in Cleveland. Rose denied receiving any such offers. THE CANADIAN PRESS

a policy that puts another aircraft in its place," he said.

Anderson and Wong-Ward are hopeful cases like Rose's can help move the conversation forward and reduce barriers for those with disabilities.

"Tim's in the unfortunate situation of having discovered the issue but hopefully it will help companies like Air Canada develop better policies," he said. WITH FILES FROM THE CANADIAN PRESS

CORRECTIONS CANADA

Study suggests prisons black out death report errors: Ombudsman

A study prepared by Canada's federal prison ombudsman says Corrections Canada consistently blacked out possible errors documented in investigation reports into jail deaths sent to families. Howard Sapers says in a study

released Tuesday that his office compared the uncensored investigatory reports it received from Corrections Canada with the highly edited versions eight families obtained through access-to-information laws.

The report says the "current practice of exempting errors, shortfalls and policy non-compliance leaves little room for public scrutiny, accountability or ... legal recourse."

THE CANADIAN PRESS

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Trump 'unfit' to be president: Obama

PRESIDENTIAL RACE

U.S. leader says it's time for Republicans to cut ties

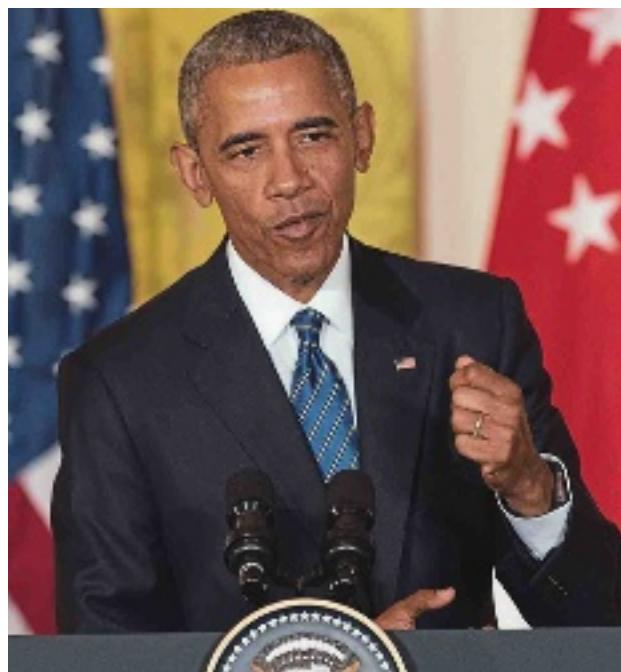
In a searing denunciation, President Barack Obama castigated Donald Trump as "unfit" and "woefully unprepared" to serve in the White House. He challenged Republicans to withdraw their support for their party's nominee, declaring, "There has to come a point at which you say enough."

While Obama has long been critical of Trump, his blistering condemnation Tuesday was a notable escalation of his involvement in the presidential race.

Obama questioned whether Trump would "observe basic decency" as president, argued he lacks elementary knowledge about domestic and international affairs and condemned his disparagement of an American Muslim couple whose son was killed while serving the U.S. Army in Iraq.

A chorus of Republicans has disavowed Trump's criticism of Khizr and Ghazala Khan and the Republican nominee's calls to temporarily ban Muslims from coming to the U.S. But Obama argued that isn't enough.

"If you are repeatedly having to say, in very strong terms, that what he has said is unacceptable, why are you still endorsing



U.S. President Barack Obama speaks about Donald Trump at a press conference Aug. 2 SAUL LOEB/AFP/GTET IMAGES

him?" Obama asked during a White House news conference. "What does this say about your party that this is your standard-bearer?"

No prominent Republican lawmaker responded to Obama's challenge.

Sen. Mark Kirk, who is facing a tough re-election fight in Illinois, rescinded his endorsement of Trump in June after the GOP nominee criticized an American-born judge's Mexican heritage.

Others, including Senate Majority Leader Mitch McConnell and House Speaker Paul Ryan, have broken with the nominee on individual issues but continue to back his candidacy.

Instead, it was Trump stunningly withholding his support from top GOP lawmakers, including House Speaker Paul Ryan.

Democratic nominee Hillary Clinton sees GOP concerns about Trump as an opportunity to reach out to party moderates —

TRADE DEAL

Obama says he plans to save the 12-country Trans-Pacific Partnership trade deal during the two-month post-election period known as the lame-duck session, when the outgoing administration and lawmakers briefly remain in office.

The deal essentially dies without U.S. ratification. To enter into force, the agreement needs to be approved by the lawmaking bodies of at least 85 per cent of the TPP region's total economy — a mathematically impossible task without the U.S. THE ASSOCIATED PRESS

particularly women — who may be so upset by the nominee that they're willing to look past policy differences and questions about Clinton's character.

Ahead of Obama's remarks Tuesday, GOP Rep. Richard Hanna of New York said he would be voting for Clinton. Hanna, who is retiring from Congress, had previously said he couldn't back Trump.

Writing in the Syracuse Post-Standard, Hanna said that while he disagrees with Clinton on many issues,

"I trust she can lead." THE ASSOCIATED PRESS

PARTY DIVISION

Nominee refuses to endorse key figures

As Republican loyalists continue to flee, Donald Trump ignited new party tensions Tuesday by refusing to endorse House Speaker Paul Ryan or a pair of senators seeking re-election, a remarkable display of party division just three months before Election Day.

The Republican presidential nominee told The Washington Post he's "just not quite there yet," when asked about an endorsement of Ryan, who faces a primary election next week. In doing so, he echoed the House speaker's comments of almost three months earlier, when the Wisconsin congressman was initially reluctant to embrace Trump as his party's standard bearer.

Also Tuesday, the woman who helped shape New Jersey Gov. Chris Christie's national image declared that she's voting for Clinton.

"As someone who has worked to further the Republican Party's principles for the last 15 years, I believe that we are at a moment where silence isn't an option," former Christie senior aide Maria Comella told CNN.

They join dozens of high-profile GOP leaders who have previously said they would not vote for Trump, including the party's 2012 nominee, Mitt Romney, and former Florida Gov. Jeb Bush.

A day earlier, Sally Bradshaw, an architect of the Republican

National Committee's 2013 Growth and Opportunity report, said she's leaving the GOP. Her decision to leave the party rocked those who make politics their profession.

"Trump has moved in exactly the opposite direction from our recommendations on how to make the party more inclusive," said Ari Fleischer, who worked with Bradshaw and was a senior adviser to President George W. Bush.

Fleischer still supports Trump over Clinton. But Bradshaw and Comella are among a group of top Republican operatives, messengers, national committee members and donors who continue to decry Trump's tactics, highlighting almost daily — with fewer than 100 days before the election — the fissures created by the billionaire and his takeover of the party.

Christie, the New Jersey governor, continues to be one of Trump's biggest supporters. But Comella, his former aide, said the survival of the party depends on stopping Trump.

"Instead of speaking out against instances of bigotry, racism and inflammatory rhetoric, whether it's been against women, immigrants or Muslims, we made a calculus that it was better to say nothing at all in the interest of politics and winning elections," she told CNN. "For me, if our party has a future, we have to change that trajectory and lead by example." THE ASSOCIATED PRESS

EARTH FEVER HEAT RECORDS BROKEN

Children play as they cool down in a fountain beside the Manzanares river in Madrid, Spain last year — a year that saw dozens of climate records broken.

A National Oceanic and Atmospheric Administration report Tuesday declared 2015 the hottest on record.

The new report shows the broad extent of other records and near-records on the planet's climatic health. Those include record heat energy absorbed by the oceans and lowest groundwater storage levels globally.

AP PHOTO/ANDRES KUDACKI, FILE

IN BRIEF

Turkish president blames West for attempted coup

Turkish President Recep Tayyip Erdogan once more blasted unnamed Western countries Tuesday for what he said was support for the attempted coup on July 15 that left more than 270 people dead.

"The West is supporting terrorism and taking sides with coups," Erdogan said, adding that forces unhappy with Turkey's rise as a regional power were behind the coup.

Erdogan also repeated a complaint that no foreign leader had visited Turkey after the failed coup, while France and Belgium received visits in solidarity after terror attacks there.

THE ASSOCIATED PRESS

Heavy monsoon rains batter India

The death toll in flooding from heavy monsoon rains in India has climbed past 90, with about a million people taking shelter in government-run relief camps, officials said Tuesday.

Incessant downpours have damaged swaths of land, uprooted trees and snapped telephone cables in dozens of districts in the states of Bihar in the east, Assam in the remote northeast and Himachal Pradesh in the north.

A total of 96 people have been killed in the flooding in the three states over the past week, according to state officials.

THE ASSOCIATED PRESS





Vancouver's tax on foreign buyers has sparked concerns for Toronto's housing market. TOP: JENNIFER GAUTHIER/FOR METRO; BOTTOM: LUCAS OLENIUK/TORSTAR NEWS SERVICE

Hot housing could get hotter

REAL ESTATE

Vancouver's tax seen as shifting foreign buyers to Toronto

Toronto's red-hot real estate market could get even hotter as foreign nationals looking to dodge a new 15 per cent tax on properties in Vancouver seek new places to invest, realtors say.

The tax, which took effect

Tuesday, was introduced by the British Columbia government with the intent of improving home affordability in Metro Vancouver, where house prices are among the highest in North America.

But it has also given rise to concerns that it could exacerbate Toronto's housing market.

"Where are those foreign investors going to go?" said Derek Ladouceur, a Toronto real estate agent.

"They're not going to want to pay that 15 per cent, so they're going to now dump

it into the Toronto real estate market, which is already hot."

Ladouceur predicts that all segments of Toronto's housing market will get pricier, from condos to detached single-family homes, but the luxury segment — where many foreign investors park their money — could see the biggest lift.

Dianne Usher, a Toronto-based realtor with Royal LePage, says some foreign buyers have already been flocking to Toronto as soaring home values have priced them out of

Vancouver's market.

"With an additional tax it will grow exponentially, in my view," says Usher.

Ontario Finance Minister Charles Sousa has said he is examining the tax "very closely" as a possible measure to address Toronto home prices.

The average cost of a home in the city in June was \$746,546, up nearly 17 per cent from the same month last year, according to the Canadian Real Estate Association. In comparison, Vancouver home prices averaged \$1,026,207, a rise of

more than 11 per cent.

Brad Henderson, president and CEO of Sotheby's International Realty Canada, said some foreign nationals could also snatch up properties in parts of British Columbia that aren't subject to the tax, such as Victoria.

"Certainly I think Toronto and potentially other markets like Montreal will start to become more attractive, because comparatively speaking they will be less expensive," said Henderson.

THE CANADIAN PRESS



They need to shift the way they are doing their stock assessment.

Aurelie Cosandey-Godin

AIR TRAVEL

NewLeaf Travel sues passenger rights advocate for defamation

NewLeaf Travel, a Winnipeg upstart offering discount airfares, is taking direct aim at its main critic, filing a defamation lawsuit against the consumer advocate who has raised concerns about its operations.

The company, which launched last month after a false start over licensing questions earlier this year, is accusing Gabor Lukacs, a self-described airline passenger rights' advocate, of "an unrelenting, aggressive and malicious attack," targeted at NewLeaf and at NewLeaf's potential and existing customers.

The statement of claim, filed in Manitoba last month, alleges that Halifax-based Lukacs, is making "false and malicious statements" on his Airline



Gabor Lukacs.

THE CANADIAN PRESS FILE

Passenger Rights page on Facebook and in Twitter posts, suggesting NewLeaf is operating illegally.

NewLeaf Travel, which calls itself a "low-cost" air travel company, originally announced plans to begin operating in

February. But when questions emerged about whether NewLeaf needed to be licensed by the Canadian Transportation Agency, it suspended sales and refunded customers.

After a review, the Canadian Transportation Agency sided with NewLeaf, arguing it was merely a ticket reseller and not an airline, as it contracts all flying including pilots and flight attendants with Kelowna-based Flair Air. As a result, the agency deemed it not to be an airline, and it does not need a licence, or does not need to put down a significant deposit. Lukacs was not satisfied with that ruling, and has filed a formal appeal of the agency's decision, with a hearing expected in the fall.

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ROSEMARY WESTWOOD ON A CYCLE OF FEAR

We are not engulfed in anti-immigrant sentiment but we still hear the old chestnuts ('Go back where you came from!') delivered with an urgency that belies how familiar the process of welcoming newcomers really is.

Anti-immigration calls enveloping the U.S. election and destabilizing politics in Europe contain a common urgency.

Common, but deceptive. The urgency is actually old and recycled. It's contained in anti-immigration calls over centuries, addressed in a Shakespeare monologue that calls for an angry mob to put itself in the foreigner's shoes, exemplified by discrimination and hatred shown to Irish, Italians and Polish in North America in decades past. The urgency is apocalyptic. It signals a swift-stalking doom. It promises the end is pretty much already nigh, the fears already realized.

And it was the tenor of public sentiment here, fifty years ago, when Matilda, an Armenian from Aleppo, Syria, arrived in Canada.

"Back then it was nothing to say, 'Go back where you came from,'" she said, sitting in a chair in the centre of the corner shop she runs in Toronto's Little Italy, an odds-and-ends buffet of household items supplied entirely by her not large, but largely hoarding family ("One even keeps gum wrappers!").

There are teacups, silverware, running shoes and a floral kimono (which brought me in), a vintage Madonna magazine, art prints, and the sense that anything might be unearthed. But Matilda herself is far more interesting. She sat near a fan ("I hate the heat") and I found myself sitting in the chair beside her, which I now imagine she keeps for visitors, expected or otherwise.

"Do you know what a DP

is?" she asked, then answered: "Displaced person."

When Matilda and her husband arrived in Toronto, they rented an apartment while her husband, who had already studied to become a pharmacist in Rome, went back to school to earn Canadian credentials while working night shifts at a hospital pharmacy.

"You DP's," their neighbour

from" if they seek to cover their face during citizenship ceremonies.

That same old chestnut.

Which is not to say we are also engulfed, like U.S., or the U.K., or Europe generally, in anti-immigrant sentiment. Eight in 10 Canadians think immigration is good for the economy, and more than half disagree with the statement



A CANADIAN TRADITION Former Conservative immigration minister Jason Kenney is seen in 2010 at a press conference where he announced an increase in Canada's refugee quotas. CP FILE

told them one day, repeating a phrase echoed through history: "You come here and take all the jobs."

For forty years, Matilda's husband ran a pharmacy in this shop, and the pink neon "pharmacy" sign still glows over a clothing rack. He died suddenly one day at work eight years ago, and no one wanted to buy the little pharmacy, she said. So, two months later, Matilda opened the reimagined shop.

She thinks Toronto has changed immensely since they arrived, grown in diversity and diminished in discrimination. And yet, last year, during the height of the niqab debate, a Conservative MP was chastised for telling Muslim women to "stay the hell where you came

that immigration levels are too high, according to an Environment Institute survey from 2015. Even our right-wing politicians are believers. When Jason Kenney, a former immigration minister, announced his campaign to unite and lead Alberta's right-wing parties, he played up immigrants' positive impacts on this country. His former colleague, MP Michelle Rempel, has been hammering away at the Liberal government for not fast-tracking Yazidi refugees from Iraq.

But Canada has something that others do not: control. It's difficult to travel to this country, bordered as it is on three sides by forbidding oceans and on the fourth side by the U.S.

Immigrants brought here, under a fairly well-functioning

Where immigration is concerned, Canada has something that others do not: control

'The Brazilian Way' of getting the job done

Kira Proctor

With only days to go before the opening ceremonies, there are growing concerns over whether Rio de Janeiro is prepared to host the Olympics.

Amid the published concerns, there are plenty of good reasons for doubt: a government in political turmoil, a state that is bankrupt, the potential threat of the Zika virus, unfinished stadiums void of workers or progress, similarly unfinished metro links, contaminated water in the harbour, and numerous reports of human rights violations, which include everything from forced evictions to police brutality.

The consensus in the media is clear: Rio is a disaster. Outside of the country, this news carries an element of shock. How could they let it get so bad? When I speak to friends in Brazil, my questions are met with tired shrugs and a quippy "What did you expect?" With a smirk that seems to combine celebration and cynicism, they add, "It's the Brazilian way."

Is there such a thing? Brazilians seem to think so. It even has a name: *jeitinho*. According to Brazilian anthropologist Lívia Barbosa, there is no English translation for the expression *dar um jeitinho*. She says, "To pull a string" or "to cut through the red tape" are the most similar idiomatic expressions I can find."

The *jeitinho* suggests a circumventing of official channels, along with a certain resourcefulness and creativity in getting what you need. Flirting with a bank teller to speed up a money order, slipping through a club's side door with the help of a bouncer, getting a co-worker to cover

for you when you duck out early.

Most cultures employ analogous methods of pulling strings or helping each other out, so what makes the *jeitinho* unique? It seems to occur on an almost instinctual level for most Brazilians; it may be their first course of action, before even trying official channels. It is a favour asked for and given without the expectation of being repaid in anything but friendliness. There is no debt. It is a human practice — sympathetic, kind, helpful, and a great equalizing force in a society plagued by inequalities.

A similar bending of the rules goes on at the highest levels of government but sadly performs the opposite function. We're seeing it right now in the leadup to the Olympics. Take the wall erected along the highway from the airport to the touristy areas of the Zona Sul. Sold to locals as a sound barrier, it's obviously an attempt to block out some of Rio's most impoverished communities. It turns transparent any time there is something positive to look at — a newly built school, for instance.

"The Olympics pretext is awesome," Rio's mayor joked in 2012. "I need to use it as an excuse for everything. ... Now all that I need to do, I will do for the Olympics. Some things could be really related to the Games, others have nothing to do with them." Was anyone laughing then? Are they now?

The *jeitinho* is Brazil at its best and worst. Whether Rio succeeds or fails in pulling off these Olympics, it will be largely because of the *jeitinho*.

Kira Proctor is a writer who spent three years living in Brazil, studying Portuguese, capoeira and Afro-Brazilian dance and culture.

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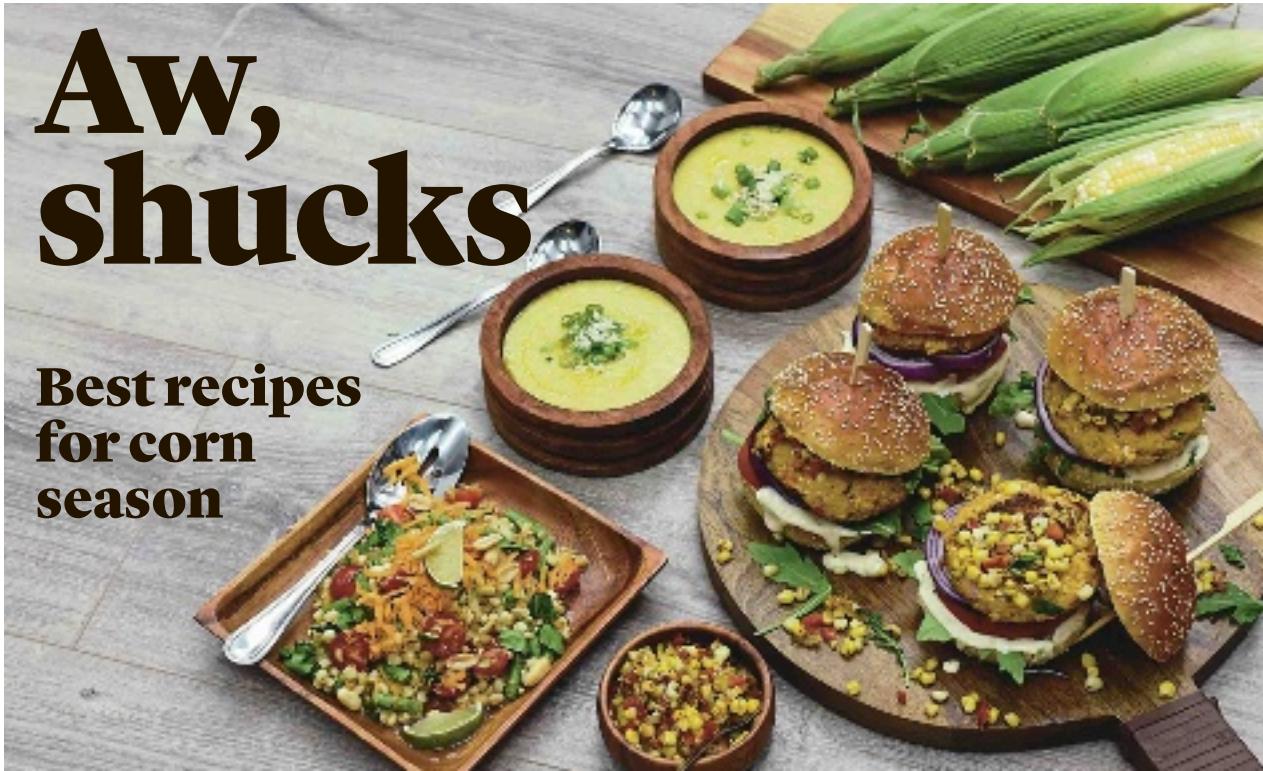
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Aw, shucks

Best recipes for corn season



From top, clockwise, creamy miso and corn soup, sriracha corn-chickpea burgers and corn relish. TORSTAR NEWS SERVICE

We've gone through asparagus and berries are still going strong but late summer (as much as it pains me to type that) means the beginning of corn season.

You know the drill: crowds of shoppers shucking ears at the supermarket, much to the dismay of employees.

One easy way of preparing corn is to char the ears, with the husks on, over a grill and top them with butter, salt and maybe a bit of cayenne and a squirt of lime. But here are four fancier (but easy) ways to enjoy corn in its prime.

Creamy miso and corn soup

Makes 8 servings.

Make this soup a day ahead so that the flavours intensify overnight. To turn it into chowder, add hunks of cod, potatoes and peas.

Ingredients:

- 8 fresh ears of corn, cobs and kernels separated
- 8 cups (2 L) water
- 3 tbsp (45 mL) unsalted butter
- 1 chopped large onion
- 5 tbsp (75 mL) white miso paste
- Salt and pepper, to taste
- Chopped green onion, for garnish
- Panko crumbs, for garnish
- Olive oil, for garnish

Directions:

1. In a large heavy bottomed pot, add cobs. Cut cobs in

half with a sharp knife if pot isn't large enough. Add water and bring to a boil over high heat. Continue to boil for 10 minutes before reducing heat to medium and simmer uncovered for 1 hour or until liquids are reduced to 3 cups.

2. Discard cobs. Strain liquids into bowl and set aside.

3. Using same pot over medium-high heat, melt butter. Add onion and sauté until translucent, about 5 to 6 minutes. Add miso and reserved corn stock. Stir until miso has dissolved.

4. Add corn and stir until just under a boil. Using a hand blender, pulverize corn until it reaches a creamy, velvety consistency. If using a blender, puree soup in small batches.

5. Divide into bowls and garnish with green onion, panko crumbs and drizzle of olive oil.

Serve immediately

Sriracha Corn-Chickpea Burgers

Makes 4 burgers.

Don't subject your vegetarian guests to mystery soy burgers at your next dinner. These hearty, veggie-packed patties are meaty, flavourful and don't fall apart thanks to the binding qualities of egg and panko crumbs. Serve

these delectable burgers with corn relish.

Ingredients:

- 1 540-mL can chickpeas (2 cups) drained and rinsed
- 2 cups (500 mL) fresh corn kernels
- 3 garlic cloves
- 1 finely chopped shallot
- 1 tbsp (15 mL) Sriracha, plus more for extra heat
- 1 tbsp (15 mL) chopped parsley or cilantro
- 1/4 cup (60 mL) finely diced red pepper
- 1 cup (250 mL) panko crumbs
- 1 large beaten egg
- Salt and pepper, to taste
- Canola or vegetable oil, for frying
- Four soft burger buns
- Burger toppings (sliced red onion, tomato, arugula, mayonnaise, etc.)

Directions:

1. In a food processor, pulse chickpeas, corn and garlic until combined but not pureed. Transfer to a larger mixing bowl.

2. Add shallot, Sriracha, parsley, red pepper, panko and egg. Mix until combined. Add salt and pepper to taste. Divide mixture into four large burger patties.

3. In a large oiled skillet over medium-high heat, cook burgers until slightly browned and crisp on each side, about

3 to 4 minutes per side.

4. Remove from heat and add to burger.

Serve immediately

Corn relish

Makes 2 cups relish

Ingredients:

- 1 cup (250 mL) apple cider vinegar
- 1 tsp (5 mL) ground cumin
- 1 tsp (5 mL) ground coriander
- 1 tsp (5 mL) caraway seeds
- 1 1/2 tsp (7 mL) dried mint
- 1 1/2 tsp (7 mL) chili flakes
- 1 tsp (5 mL) kosher salt
- 1 tsp (5 mL) granulated sugar
- 1/2 cup (125 mL) finely diced red pepper
- 1 shallot, finely diced
- 2 cups (500 mL) fresh corn kernels

Directions:

1. In a medium saucepan over medium high heat, bring vinegar, cumin, coriander, caraway seeds, mint, chili flakes, salt and sugar to a boil. Turn heat down to medium.

2. Add red pepper, shallot and corn. Simmer for 20 minutes.

3. Take pot off heat and let cool completely to room temperature before refrigerating in an airtight container.

5 HOLDERS FOR YOUR CORN ROASTS

These cute corn holders offer protection from greasy corn hand syndrome with a side of panache.

TORSTAR NEWS SERVICE

1 Pig out

For a vegetarian twist on nose-to-tail dining, use these piggy corn holders to chow down on an ear. **Maker:** Charcoal Companion **Price:** \$11.99 for set of four **Available:** amazon.ca



2 Tailgate mate

You'll never have to worry about your corn "touching down" with these football handles to prevent slips. **Maker:** Outset **Price:** \$12.79 for set of four **Available:** well.ca

3 Hornicorn

Luckily these unicorns only exist at barbecues, because who knows what an angry unicorn might do. **Maker:** Gama Go **Price:** \$37.99 for set of four **Available:** amazon.ca



4 Smiling ear to ear

Just as life imitates art, these handles imitate the holder who will surely be smiling while biting into a cob. **Maker:** Joie **Price:** \$5.99 for set of two **Available:** iqliving.com



5 Corn of another form

Enjoy fresh corn with the memory of its popped cousin.

Maker: Charcoal companion **Price:** \$13.20 for set of four **Available:** amazon.com

A new take on a summer favourite

RECIPE

Caprese salad boasts creamy cheese, crunchy prosciutto

The Caprese salad is universally loved.

In *Cravings*, Chrissy Teigen's cookbook that she co-wrote with Gourmet magazine alumna Adeena Sussman, the model offers a new take on a summer favourite.

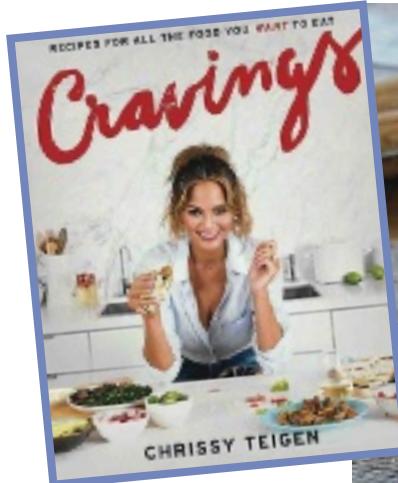
She uses burrata — fresh mozzarella with a creamy centre — and cuts the tomatoes in different shapes and sizes, some slices, some wedges.

She omits the traditional basil and adds arugula and delicious, crunchy prosciutto chips which take this Caprese from ordinary good to extraordinary great.

The prosciutto chips (she calls them crisps) are easy to prepare and make such a difference. You can substitute them in almost any recipe that calls for bacon.

Caprese salad with crispy prosciutto

Serves 6.



Ingredients:

- 4 cups baby arugula
- 1 (8-ounce) ball burrata or fresh mozzarella cheese
- 2 pounds assorted ripe tomatoes cut in a variety of shapes (wedges, slices, chunks, etc.)
- 3 tablespoons best-quality olive oil
- 1 tablespoon balsamic vinegar
- 1-2 teaspoons kosher salt
- 1/2 teaspoon freshly ground black pepper
- 6-12 prosciutto crisps (recipe follows)



This Caprese salad uses burrata — fresh mozzarella with a creamy centre. CONTRIBUTED

Directions:

1. Scatter the arugula on a serving platter and place the cheese in the centre. Arrange the tomatoes around the cheese.
2. Cut a small opening in the burrata/mozzarella ball

so you can see the centre, and then drizzle olive oil all around the platter.

3. Drizzle balsamic vinegar on the tomatoes and arugula. Season with the salt and pepper and top with the prosciutto crisps.

Prosciutto crisps

1. Preheat oven to 400 F. Line a baking sheet with parchment paper.
2. Arrange prosciutto on the baking sheet.
3. Bake until wrinkled and

slightly shrunken, 11 to 13 minutes. (It will crisp as it cools.)

4. Cool, eat whole as a snack, or crumble and use as a garnish for salads, or anything that could use crispness. THE ASSOCIATED PRESS



ROSE REISMAN THE SAVVY EATER

THIS WEEK: Cool treats

Trying to beat the heat with a cool treat can land you in hot water nutritionally!

PICK THIS

Dairy Queen Hot Fudge Sundae

Calories 440
Fat 15g
Sugar 57g



SKIP THIS

Dairy Queen Cotton Candy Blizzard

Calories 870
Fat 23g
Sugar 113g



HERE'S WHY



Equivalent two 2L bottles of Coke in sugar

The hot temperatures have us running to these sweet soft serve desserts that we believe are lighter than regular ice cream, since they are made with milk not cream. Once you add all the mixes that are in the famous Blizzards, you have more calories, fat and sugar than an entire meal! You can still have your dessert by picking a not-so indulgent option. The classic Hot Fudge Sundae is a better substitute. You'll get your sweet fix and a cool down, but save half the calories, fat and sugar.

U.S. RESEARCH

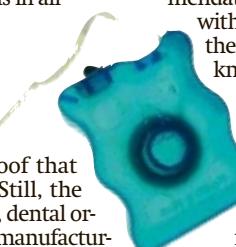
Medical benefits of flossing not proven

It's one of the most universal recommendations in all of public health: Floss daily to prevent gum disease and cavities.

Except there's little proof that flossing works. Still, the U.S. government, dental organizations and manufacturers of floss have pushed the practice for decades. Dentists provide samples to their patients; the American Dental Association insists on its website that, "Flossing is an essential part of taking care of your teeth and gums."

The U.S. federal government has recommended flossing since 1979, first in a surgeon general's report and later in the Dietary Guidelines for Americans issued every five years. The guidelines must be based on scientific evidence, under the law. Last year, the Associated Press asked the departments of Health and Human Services and Agriculture for their evidence, and followed up with written requests under the Freedom of Information Act.

When the federal government issued its latest dietary guidelines



this year, the flossing recommendation had been removed, without notice. In a letter to the AP, the government acknowledged the effectiveness of flossing had never been researched, as required.

The AP looked at the most rigorous research conducted over the past decade, focusing on 25 studies that generally compared the use of a toothbrush with the combination of toothbrushes and floss. The findings? The evidence for flossing is "weak, very unreliable," of "very low" quality, and carries "a moderate to large potential for bias."

"The majority of available studies fail to demonstrate that flossing is generally effective in plaque removal," said one review conducted last year.

National Institutes of Health dentist Tim Iafolla acknowledged that if the highest standards of science were applied in keeping with the flossing reviews of the past decade, "then it would be appropriate to drop the floss guidelines." Regardless, he added, people should still floss.

THE ASSOCIATED PRESS

LIQUID ASSETS

An ale for summer

With their often palate-panning maltiness and penchant for high levels of bitter hops most ales don't match well with the lazy, hazy, crazy days of summer.

Belgium, a country that treats beer with the same reverence its European counterparts give to wine, has a liquid answer for everything, and when it comes to warm weather drinking its population turns to white beer. The original is Hoegaarden (6x330ml, \$14.25-\$15.49), a cloudy wonder made with wheat and infused with coriander and orange peel. It's the inspiration behind dozens of wheat-based brews including Molson Coors' Belgian Moon (473ml, \$2.45-\$3.69).

Belgian Moon is a thirst-quenching refresher that sees its citrusy flavour profile elevated a few floors when served on a hot day with a slice of orange as a garnish.

PETER ROCKWELL/
METRO



What's next for the kids?

This summer's hit show *Stranger Things* rides a Steven Spielberg-Rob Reiner vibe with its use of a solid young cast and early 1980s timeline to tell an engrossing sci-fi (with a side of horror) tale. It's only been on Netflix for about a month, but the pre-teen stars appear poised for bigger things. We check in on what's next. TORSTAR NEWS SERVICE

NOAH SCHNAPP

He plays Will Byers, the vanished boy who sets the story in motion. Before the show, the 11-year-old actor voiced Charlie Brown in *The Peanuts Movie* and played Tom Hanks' son in Steven Spielberg's *Bridge of Spies*. He'll be seen next as Otis, a "nine-year-old crossword fanatic" in family drama *We Only Know So Much*, alongside Jeanne Tripplehorn, Damian Young and Loudon Wainwright III. It's due out next year.



FINN WOLFHARD

The Vancouver-born 13-year-old plays Mike Wheeler, leader of the group of guys at the heart of *Stranger Things*. And this is not the only horror-tinged project on his plate. There's plenty more spooky stuff going on for Wolfhard, who is now in Toronto shooting Andres Muschetti's two-part remake of *It*. He plays one of the seven kids in the *Losers Club*, Richie Tozier.

CALEB MCLAUGHLIN

Now playing likable Lucas Sinclair on *Stranger Things*, McLaughlin isn't ready to leave the '80s behind. He'll be seen next in *New Edition: The Movie*. The three-night miniseries to air on BET tells the story of the 1980s boy band, with McLaughlin playing the young Ricky Bell. Elijah Kelley takes over the role as the singer grows up.

GATEN MATARAZZO

The young actor described his character Dustin Henderson as "a gregarious, foul-mouthed 12-year-old boy" in an interview with IndieWire. His speech impediment is natural, so is his adorable smile. This is only his second TV role, but Matarazzo is no performing newcomer. When he's not on the *Stranger Things* set, he's busy playing Gavroche in musical *Les Misérables*.

MILLIE BROWN

Playing Eleven, the mysterious girl with the shorn hair, fixed stare and psychokinetic skills, is the breakout role for the 12-year-old Spanish-born Brit. She's done a few TV guest spots, including *Grey's Anatomy* and *Modern Family*, and played young Alice in series *Once Upon a Time in Wonderland*. What's next could include a musical. Brown's YouTube site has her doing emotional renditions of songs by Amy Winehouse, Adele and John Lennon.



COURTESY NETFLIX



JOHANNA SCHNELLER WHAT I'M WATCHING

When the little ones grow up to hate you

THE SHOW: *Tallulah* (Netflix)
THE MOMENT: Stating the theme

Tallulah, or Lu (Ellen Page) — who lives hand-to-mouth in her van — has done something rash.

She snatched a toddler from an unhappy mother, Carolyn (Tammy Blanchard), an aging sex bomb.

Then she passed the baby off as her own to her boyfriend's mom, Margo (Allison Janney), who's unhappy for different reasons.

Now the police close in on Lu, while Carolyn waits with Margo. "I wished for this to happen," Carolyn whispers.

"So many times. If only she was gone."

"You don't mean that," Margo says.

"I did," Carolyn insists.

"I kept waiting for some mommy feeling, but it never came."

"I thought maybe if I had a baby, my husband would be interested in me again."

"But it's the opposite. It's so lonely. Am I a horrible

person?"

Margo's eyes well. "We're all horrible," she says.

"And we're all just people."

Normally I'm not impressed when dialogue hits the theme on the nose.

But in this telefilm, it works, beautifully, because it comes from Margo's character. All three women are drawn both fully and delicately. Each does things that surprise us, but each surprise is true to, and deepens, who they are.

That's a feat. And can we

please share a moment of silent reverence for Janney?

This is one of many beats where she leaves us gaping.

Every parent will relate to an earlier one: Lu mentions that the toddler's littleness blows her mind. "Then they grow up and hate you," Margo says, "and it really blows your mind."

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Lu (Ellen Page) is a delicately developed character. CONTRIBUTED



Brought to you by the letter C

ALL PHOTOS LEE BAILIE



THE CHECKLIST | 2017 INFINITI QX30

THE BASICS

Engine: 2.0-litre turbocharged four-cylinder

Power: 208 horsepower and 258 lb-ft of torque

Transmission: Seven-speed dual clutch automatic

Fuel Economy: TBD

Pricing: Expect it to start at in the mid-\$30K, U.S.



LOVE IT

- Refined
- Stylish
- Nice Interior

LEAVE IT

- Cramped rear seat
- Noise
- Low height for a crossover

vides more cargo room. This is more than the Lexus NX, BMW X1 and Audi Q3. Despite being called a crossover, the QX30 and QX30 AWD are actually lower in height than most of those aforementioned cars. Only the GLA 250 is lower than the QX30 AWD, by 0.2 of an inch.

Competing with such cars as the BMW X1, Audi Q3, Lexus NX and Mercedes GLA isn't easy, but a low price tag, several available models and attractive styling will help Infiniti move units. And once you drive a QX30, things get more impressive.

Unlike the GLA it has so much in common with, the QX30 feels far more refined, particularly in regards to the powertrain. Where we found the seven-speed dual clutch to be lazy and jerky in the GLA, the QX30 felt much more normal in comparison.

The engine is quick enough and you won't be wanting much more power, although high-speed passes will take a little extra planning. The thrust of the turbo is pretty good, although the QX30 AWD felt a little less sprightly off the line. I'd chalk that up to extra weight, as the all-wheel drive adds a lot of weight of the car. Still, the pokiest version of this vehicle (QX30 AWD with the Premium package) weighs under 1,588 kilograms, meaning the engine should be quite efficient.

Infiniti wants customers to think of the QX30 as a whole family of vehicles. That's because it is offering three versions of it: the base QX30, the QX30 Sport and the QX30 AWD. One of the bigger complaints we had with the Mercedes GLA is the amount of rear seat space for passengers. Sadly, the QX30 offers even less passenger volume than the GLA, but pro-

The ride quality is top notch. It's smooth, confident and reminds me of the bigger vehicles Infiniti offers.

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Are you a goon if you use the wrong gas?

CAR CARE

Some mistakes are worse than others



Does your car need regular fuel or premium? Gas or diesel? What happens if you put the wrong fuel into your car?

The results vary wildly from case to case, but you need to be careful about what kind of fuel you put in your car and be aware of what effects your actions might have.

What happens when you put diesel in a gas car?

Due to the different types of nozzles used for gas and diesel fuel at stations, it's usually kind of difficult to mix them up, but mistakes do happen.

If you realized your mistake, the important thing is to stop driving the car. Parking and turning off the engine will limit the damage that will occur. Other-

wise, the car will use up the remainder of the gas in the tank and eventually shut down, since gas engines can't combust diesel.

What you need to do is drain the tank and fuel lines, fuel rails and injectors of the diesel fuel. You can try to do this yourself, but a mechanic will be better suited to handle this kind of work. Usually, there's no permanent damage, but this kind of fix can cost anywhere between \$500 and \$1,000 U.S. plus the cost of a tow to the closest mechanic.

How about gas in a diesel car?

Going the other way around is far more harmful and dangerous for your car. Diesel is not only a fuel, but serves as a lubricant as well, so you can really damage the fuel-injector pump by using gasoline instead of diesel.

That's not the only thing that can go wrong. Diesel and gasoline have different combustion properties, meaning that gas would detonate much earlier in a diesel engine. As a result, you'll get misfires and knocking that will require certain parts of the engine to be repaired, rebuilt or replaced, which will be expensive.

If you discovered that you accidentally put diesel into your

gas-powered car, you need to stop running the engine immediately and get a tow to a mechanic, where they will drain and clean your system.

Premium fuel in a car that doesn't need it?

Sorry to burst your bubble, but nothing significant will happen. In some cases, like while towing or in hot, dry weather you might see a slight benefit, but due to the engine computers adjusting their timing automatically to compensate for the increased octane levels, no damage or noticeable benefits will occur.

Regular gas in a car that needs premium?

On the other hand, using lower octane fuel in a car that calls for premium can cause some serious internal damage. You'll likely notice the spark knock, which is best described as a sort of a high-pitched pinging or rattling noise. Fortunately, the engine computers can adjust timing to limit the amount of damage caused, but you'll definitely notice reduced performance and worse fuel economy. Switch back to premium fuel as soon as you can, because all that spark knock can cause long-term damage.



Putting the wrong fuel in your car is a surprisingly common mistake that no one ever wants to admit to, but don't worry, we have your back. iSTOCK

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Semenya at heart of intersex debate

ROAD TO Rio Testosterone question

South African runner able to compete but cases roll on

It seems the sports world just doesn't know what to do with an athlete like Caster Semenya. The South African runner, and others like her, may present one of the greatest dilemmas for the perception of fairness in sports.

Athletes like Semenya with intersex conditions — those that don't conform to standard definitions of male or female — debunk any presumption that everyone fits neatly into those definitive categories in sports.

According to sports scientist Ross Tucker, "the biology isn't quite as simple as that."

Semenya's story is well-known. As an 18-year-old newcomer at the 2009 world championships, she dominated the best women's 800-metre runners. The gap between her and the defending world champion, who finished second, was astounding. Semenya celebrated by showing off her bicep muscles, stoking a controversy sparked hours earlier by revelations that she had undergone sex verification tests.

She was later sidelined for 11 months by world track's governing body, the IAAF, and was only cleared to run again in 2010. She returned and won a silver medal in the 800 at the 2012 Olympics. Now 25 and the favourite for gold at the Rio Olympics, Semenya has been pursued by gender questions. But her case has never been about a man masquerading as a woman.

Semenya is a woman because she says she's a woman, was legally recognized at birth as female, treated as female, and identified as female. Nobody can dictate to Semenya what gender she is. But since the 1950s, track and field has conducted sex testing to protect women's competitions, initially using basic anatomy tests, and later chromosomes. The tests didn't work.

Sex testing in sports should be about preventing an unfair



Caster Semenya races to victory in the women's 800-metre final during the Doha IAAF Diamond League 2016 meeting at Qatar Sports Club in May. The South African runner's intersex condition has created controversy and challenged the sex divide in sports. WARREN LITTLE/GETTY IMAGES

advantage and, therefore, not about genitalia or chromosomes, which don't make athletes run faster, jump higher or throw farther. What does, according to the IAAF, is testosterone.

The IAAF says testosterone is the most significant factor in athletic performance. Men, generally, have more testosterone than women. In 2011, the IAAF officially drew a line between men and women in terms of testosterone. The issue it sought to resolve was hyperandrogenism — high levels of naturally occurring testosterone in some women that apparently gave them a competitive advantage.

Tucker said research conducted by the IAAF showed six women with intersex conditions competed at the 2011 world championships. Joanna Harper, an expert on gender in sports and a consultant to the IAAF, thinks two female medallists at this year's indoor world championships are probably intersex, and estimated 5-10 intersex athletes will compete in track and field at the Rio Olympics.

Six years after Semenya was subjected to the IAAF tests, the lid was lifted on her situation in 2015. That's when Indian sprinter Dutee Chand went to the Court

of Arbitration for Sport — the highest court in world sports — and challenged the IAAF rules that regulated testosterone in hyperandrogenic women.

The case forced the IAAF to publicly defend its rules that for hyperandrogenic women to be eligible to compete as women, their testosterone levels must

suppressing medication.

Former Olympic runner Bruce Kidd, a professor of physical education and an adviser to Chand, opposes the testosterone-limiting rule. He argues that the testosterone is natural in these women, and although men produce more of it, "there is nothing to say that testosterone is a male hormone."

"Dutee and Caster are (competing) with their own chemicals," Kidd said. "They are fully in keeping with the Olympic spirit of being true to yourself and playing without doping. So why are they being castigated for that? I think it is so unfair."

Significantly, the IAAF accepted that its rules were basically discriminatory but were devised in search of a greater justice: fairness for women's track and field. Chand — and by default, Semenya — won an interim decision last year in the Court of Arbitration for Sport case, but on a different reasoning. The IAAF didn't have definitive evidence to show how much of an advantage the extra testosterone gave hyperandrogenic women. CAS gave the IAAF until July 2017 to provide the evidence needed to reinstate the rule, which won't be in place in Rio. THE ASSOCIATED PRESS

They are fully in keeping with the Olympic spirit.

Former Olympic runner
Bruce Kidd

be below a certain mark. It came down to a tiny measurement: how many nanomoles — a billionth of a mole — of testosterone a woman had per litre of blood. It couldn't be 10 nanomoles or more per litre, roughly the lower end of the male range. If it was 10 or higher, it had to be lowered. Harper said the testosterone levels of these hyperandrogenic women could be lowered either through the removal of internal testes or with hormone-

SAFE LANDING

Brazil welcomes Canadian athletes

Saskatoon's Gavin Schmitt, a six-foot-10 volleyball player, says his bed in the Olympic athletes' village is long enough and fits him just fine.

Canada's athletes joined those from Angola, Malaysia and Fiji in a welcoming party for the four countries at the village just outside the Barra Olympic Park on the west side of Rio. They were entertained with dancing and song.

Water leaks, exposed electric-



Gavin Schmitt
GETTY IMAGES

al wires and inadequate plumbing delayed Australia's move into the village last week.

But Schmitt and others in the Canadian contingent of 314 athletes say they have light, hot water, functioning toilets and good food in the village.

The opening ceremonies are Friday but Canada starts competing Wednesday when the women's soccer team faces Australia in a preliminary-round match.

THE CANADIAN PRESS

OLYMPICS IN BRIEF

Japan athlete escapes whopping PokéMon Go bill

Japanese Olympic gymnast Kohei Uchimura may be a record six-time world champion, but he won't be encountering much success in his PokéMon Go efforts after running up a huge roaming bill in Rio.

Uchimura was stunned to receive a 500,000 yen (\$4,900 US) mobile bill after playing the popular augmented-reality game. Thankfully for him, his Japanese carrier service agreed to reduce his bill to a 3,000 yen (\$30) daily all-you-can-use contract. Uchimura is the reigning gold medallist in the men's all-around competition.

THE ASSOCIATED PRESS

IOC blames anti-doping officials for tainting games

IOC president Thomas Bach lashed out Tuesday against those calling for the "nuclear option" — a complete ban on Russian athletes from the Rio de Janeiro Games — as he and other members blamed global anti-doping officials for a scandal that has rattled the Olympic movement.

Bach opened the IOC's three-day general assembly by seeking formal backing of the members for the executive board's handling of the Russian doping scandal. After a debate lasting more than two hours, Bach asked for a show of hands, and only one of the 85 members — Britain's Adam Pengilly — voted against his position.

THE ASSOCIATED PRESS

NHL

Woman says Sabres' Kane attacked her

A 21-year-old Buffalo woman has sued Sabres forward Evan-Der Kane, saying he seriously injured her in the hotel room where he lives.

Documents filed July 1 in Erie County State Supreme on behalf of Rachel Kuechle Court say Kane met her in a bar, invited her to what he said was a party and then attacked her, causing cuts and bleeding that required multiple surgeries.

Without providing details of how she was injured, her lawyers said Kuechle suffered "serious emotional trauma" and

"serious, permanent and painful personal injuries."

Kane's actions are described as "unwanted, unconsented to, violent and offensive in nature physical battery," according to court papers.

No monetary damages were specified in the lawsuit. A message left for Kuechle's lawyer wasn't immediately returned.

Kane had been cleared in March of any criminal charges after authorities investigated the Dec. 27 encounter initially described as a possible sexual assault. THE ASSOCIATED PRESS

RECIPE Fresh Salmon Burgers



PHOTO: MAYA VINE

Ceri Marsh & Laura Keogh
For Metro Canada

This gourmet burger is a healthy twist on the summer staple. Big chunks of fresh salmon make it satisfying, yet surprisingly easy to make.

Ready in

Prep time: 20 minutes
Cook time: 10 minutes

Ingredients

- 1/2 lb fresh salmon fillet
- 1 clove garlic, minced
- 1 Tbsp ginger, minced
- 4 scallions, sliced
- 1/2 tsp salt
- 2 Tbsp sesame oil
- 1 egg, whisked
- 1/2 cup panko (or bread crumbs)
- 2 Tbsp vegetable oil

Directions

1. Chill your salmon for at least

15 minutes before you begin. Using a sharp chef's knife, cut away the skin (if you didn't buy skinless salmon). Chop the filets into roughly 1/2 inch dice. Do not use a food processor. You will end up with salmon paste and that's not what we're after.

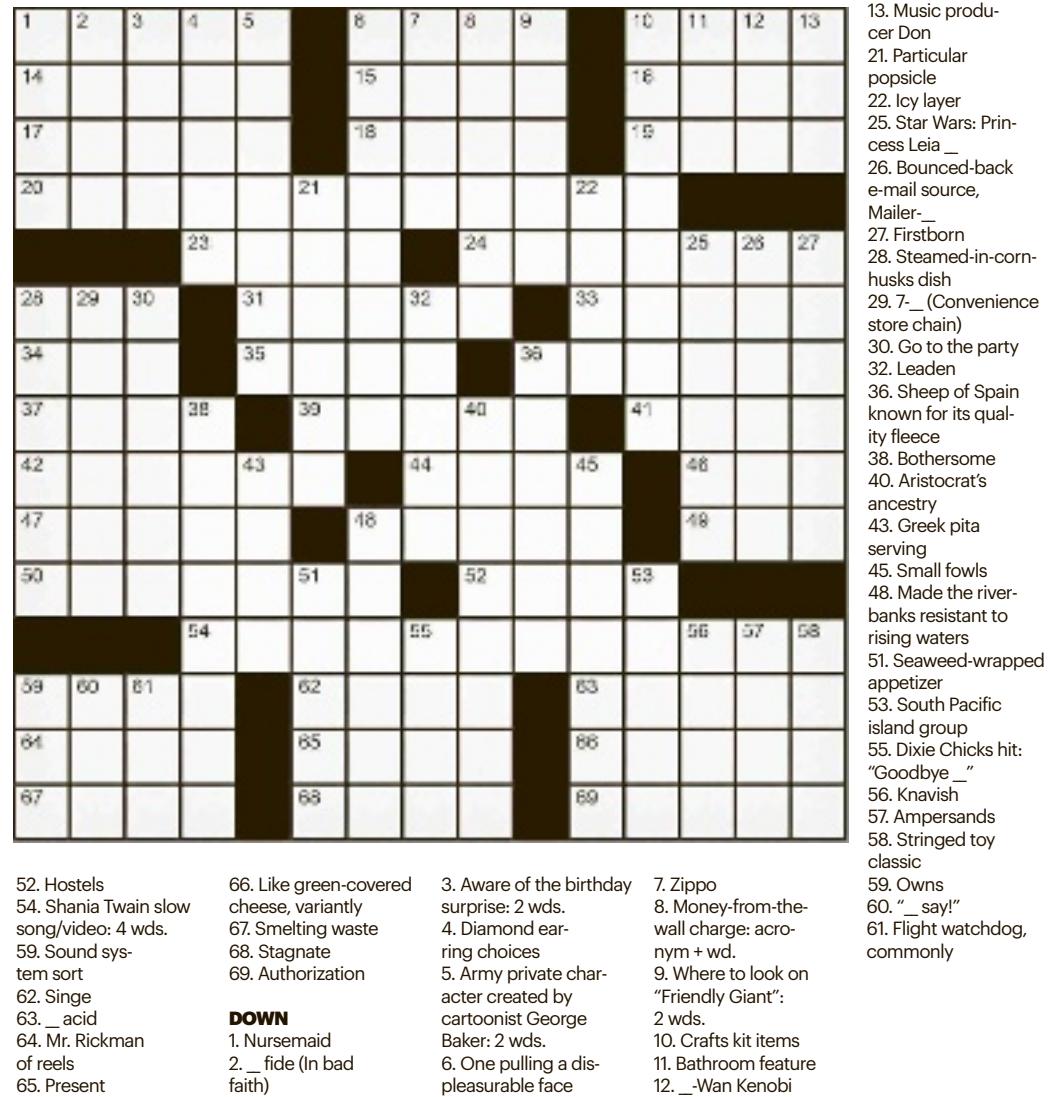
2. In a large bowl, mix together the garlic, ginger, scallions, salt, oil, egg and panko. Add your chopped salmon and mix thoroughly. Divide the mixture into four, good-sized patties.

3. Warm the vegetable oil in a large skillet over medium heat. Gently place the patties in the warm pan and cook four or five minutes, carefully turn them over and cook for another four or five minutes. Serve on a toasted bun with your favourite slaw.

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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Parents should be vigilant about their children, because this is a mildly accident-prone day for them. Meanwhile, expect sudden invitations to fun events!

Taurus April 21 - May 21
Your home routine will be interrupted today. Perhaps small appliances will break down or minor breakages could occur. Because things are a bit willynilly, be patient with family members.

Gemini May 22 - June 21
Expect to meet a new friend. Or perhaps you will discover a new place? That's because whatever happens today will be a bit unusual, and it will happen suddenly.

Cancer June 22 - July 23
Keep your eye on your money and possessions today. Financial matters might be unpredictable. If shopping, count your change and keep your receipts.

Leo July 24 - Aug. 23
There is a lot of energy and electricity in the air today! This makes you feel independent and ready to do your own thing. You also feel impulsive!

Virgo Aug. 24 - Sept. 23
Something unexpected that occurs behind the scenes might catch you off guard today. Allow a little extra time in your day so you can cope with this.

Libra Sept. 24 - Oct. 23
A friend might surprise you today. Or perhaps, you will meet someone new who is unusual. Scheduled meetings might be cancelled or changed.

Scorpio Oct. 24 - Nov. 22
Your ambition is aroused today; however, be courteous with authority figures. Even though you have unusual ideas, wait for the right time to present them. Today might not be the day.

Sagittarius Nov. 23 - Dec. 21
Unexpected travel opportunities might fall in your lap today. Meanwhile, school schedules are subject to change. You will learn something new and unusual.

Capricorn Dec. 22 - Jan. 20
Matters related to shared property, inheritances and debt will hold some surprises for you today. Make sure you know what's going on. Check your bank account.

Aquarius Jan. 21 - Feb. 19
Feelings of independence might boomerang today, because partners and close friends will react to you. Possibly they want more freedom! (And so it goes.)

Pisces Feb. 20 - March 20
Your job routine will not be predictable today. Computer glitches and difficulties with machinery might create delays. Changes in personnel also make this an unpredictable day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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As Seen On



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I'll Show You, Step-by-Step, How to Make Money Just Like I Do

I've built a real estate empire on my own. Nobody gave it to me. I took the fantastic opportunities North America provides, and I went out and got what I wanted. Now I want to give back by helping average, ordinary people – just like myself – **get a big piece of the pie.**

Some people don't think it's possible. After all, in the last five years, average homeowners have lost more money in real estate than ever before.

But that doesn't faze me one bit because... During that same time period ... savvy investors (like my students and I) have made **MORE MONEY** in real estate than in any other time in our history.

We're now seeing the conditions in which **FORTUNES ARE MADE.** It all depends on which side of the market you're on. And I want to teach you how to be on the receiving end of massive wealth.

Discover the same methods my team's used to flip 800 houses so you can:

- Earn \$10,000 to \$50,000 per deal – in your spare time!
- Get access to seed money to start investing!
- Find exclusive properties for 40% off retail price!

There's Only One Question

Will YOU seize the opportunity by coming to my FREE Real Estate Event?

I'll show you exactly how you can do what I do, even if you don't think you have the experience or the money to get started.

Here are just a few of the hundreds of investors whose lives have been changed by investing with Nick Vertucci Companies.



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Closed Sales - 10 closed deals (including partnerships and wholesales)

Profits from Sales & Wholesale

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"We have also made around 20k just in referral fees for Hard Money referrals"

Pending Sales - 4 Deals

On Market - 3 Deals

Deals Under Rehab - 4 Deals

Projected Profits - \$2,650,000

That's 22 Deals total since they went to Bus Tour Sept 2014



MELVA & LEON

1st Property made \$37,328

2nd Property made \$52,865

3rd Property made \$100,105

Total of \$190,298 in profit in 6 months. Since then...

2 Cash Flow properties at \$2,500/mth



JOHN COOKSEY

Attended Bus Tour Sept 2014
4 Properties purchased first 6 mths

1st Flip - profit \$5,000

2nd Flip - profit \$8,000

1 in construction - estimated profit \$80,000

1 Commercial Property

(4 commercial spaces, 17 residential) - estimated

Cash Flow \$34,000/mth

1 Purchased Duplex - \$800/mth

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12pm or 6pm

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Marriott Hotel Ottawa

100 Kent Street

OTTAWA

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10am or 2pm

Hilton Garden Inn Ottawa Airport

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